

## Anti-Bullying Policy

### Rationale

We are committed to providing a welcoming, safe and happy environment where everyone feels valued and respected regardless of race, gender, disability, ability, learning or behavioural difficulty, appearance or cultural background. Bullying is a shameful, humiliating and frightening experience which can lead to low self-esteem and depression. It is our aim to challenge attitudes about bullying behaviour, increase understanding for bullied pupils and continue to promote an anti-bullying ethos in our school.

WE DO NOT TOLERATE BULLYING OF ANY KIND.

### Definition of Bullying

Bullying is deliberately hurtful behaviour which results in pain and distress to the victim. To be defined as bullying, this behaviour must be sustained over a period of time.

Bullying can take the form of:

- being called names
- being teased
- being hit, pushed, pulled, pinched or kicked
- having possessions taken
- being ignored or left out
- being threatened
- being the subject of untrue stories/rumours
- being forced to do things against someone's will
- being picked on because of religion, gender, appearance, or ethnic origin

Bullying can also take the form of writing or images, including through communication technology (cyber bullying) e.g.: graffiti, text messaging, e-mail or postings on websites.

### Anti-Bullying Strategies

The following opportunities are used to raise awareness of bullying, to reinforce the message that it will not be tolerated and to help pupils know what to do if they encounter it:

- Termly assemblies including those around the themes of WPS values
- Anti-Bullying Week each year
- Each child nominates an adult in school that they would feel comfortable talking to about any bullying issues
- PSHE – role play, hot seating, debate
- Circle Time
- Use of 'Circle of Friends'
- Playtime 'buddies'
- Posters displayed in the classroom to remind children what they can do if they encounter bullies (see Appendix 1)

## Tackling Bullying

- Staff aim to be aware of the signs and symptoms of bullying
- Reports of incidents are always taken seriously and investigated.
- Bullying incidents are recorded on and 'Investigation of Alleged Bullying Incident Form' (see Appendix 3) and CPOMS, an online database. This is automatically emailed to the headteacher and SENCO. Any incident considered to be a safeguarding issue is then printed off and kept in the CP files in the headteacher's office.
- In order to ensure effective monitoring, all incidents of bullying are reported to the Headteacher or Deputy Headteacher, KS1 Co-ordinator, SENCo and class teacher
- Where the bullying is deemed to be serious, the investigator will contact the alleged victim's parents and actions will be taken
- The bullying is monitored for 10 days and then the parents are contacted again
- If the situation is resolved, no further action will be taken
- If the situation is not resolved, the parents of the alleged bully are contacted and further actions put into place
- Children are also discussed at staff meetings and key information passed to all staff via the weekly update email.
- Children are encouraged to report any incidents of bullying either as victims or witnesses.
- Once an incident has been reported, each child is given the opportunity to talk individually, then, if deemed necessary, all parties meet together.
- Both the victim and the bully/bullies are supported, with a focus on reconciliation.
- The school works with the parents of both the bully and the victim. They are informed of the incident, the action that has taken place and the strategies they might employ to support the school in tackling the problem.
- In persistent cases of bullying, exclusion will be considered.

### **If a bullying incident directed at a child occurs using email or mobile phone technology either inside or outside of school time, we**

1. Advise the child not to respond to the message
2. Refer to relevant policies including e-safety/Acceptable use of the Internet, Anti-Bullying and PHSE and apply appropriate sanctions
3. Secure and preserve any evidence
4. Inform the sender's e-mail service provider
5. Notify parents of the children involved
6. Consider delivering a parent workshop for the school community
7. Consider informing the police depending on the severity or repetitious nature of offence
8. Inform the LA e-safety officer

If malicious or threatening comments are posted on an Internet site about a pupil or member of staff, we

1. Inform and request the comments be removed if the site is administered externally
2. Secure and preserve any evidence
3. Send all the evidence to CEOP at [www.ceop.gov.uk/contactus.html](http://www.ceop.gov.uk/contactus.html)
4. Endeavour to trace the origin and inform police as appropriate
5. Inform LA Safeguarding Officer

**Children should be confident in a no-blame culture when it comes to reporting inappropriate incidents involving the internet or mobile technology: they must be able to do this without fear.**

#### Sanctions

As stated in WPS Behaviour Policy.

#### Conclusion

The staff and governors will not tolerate any form of bullying and all incidents will be treated seriously and acted upon. It is everyone's responsibility to promote a secure environment, free from fear, so that our school community can thrive and flourish, and where children can achieve their full potential.

Ratified by Full Governing Body June 2024

Date of review .....

### **ANTI-BULLYING RESOURCES**

#### Websites

[www.childline.org.uk/Explore/Bullying/Pages/Bullying.aspx](http://www.childline.org.uk/Explore/Bullying/Pages/Bullying.aspx)

[www.kidscape.org.uk](http://www.kidscape.org.uk)

[www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)

[www.antibullying.net](http://www.antibullying.net)

[www.bullyfreeworld.com](http://www.bullyfreeworld.com)

<http://www.education.gov.uk/aboutdfe/advice/f0076899/preventing-and-tackling-bullying>

<http://www.cybermentors.org.uk/>

[www.ceop.gov.uk](http://www.ceop.gov.uk)

#### List of Appendices

Appendix 1 – How to stay safe and protect yourself from bullying

Appendix 2 – Woodridge School – Anti-Bullying Policy – Pupil Version

Appendix 3 – Investigation of Alleged Bullying Form - 2023

## HOW TO STAY SAFE AND PROTECT YOURSELF FROM BULLYING

**Tell your parents, your teacher or any  
other adult in school**

**Tell a friend.**



**Ignore the bully or say 'No' really firmly,  
then turn and walk away.**

**Try not to show that you are upset or  
angry.**

**Stay with your friends during playtimes.**

**Call Childline on 0800 1111**

**YOU DON'T HAVE TO PUT UP WITH BEING  
BULLIED – SO DON'T!**

**SAY NO  
TO BULLYING!**

## Woodridge Primary School - Anti-Bullying Policy Pupil Version

At Woodridge Primary School we do not like or accept bullying. It is hurtful and makes children unhappy. Everyone has the right to feel safe. Bullying can happen sometimes or it can take place quite often.

Examples of bullying are:

- Being called names – including racism, sexism, homophobia and cruel jokes
- Being teased
- Being physically hurt
- When someone takes your things and/or damages them
- Being left out
- When someone tells lies about you
- When someone spreads nasty rumours about you
- Being made to do something that you do not want to do
- Being picked on
- Nasty text messages
- Nasty messages in emails or chat rooms

**SAY NO TO  
BULLYING**



How to stay safe and protect yourself from bullying:

- TELL a friend, teacher or adult at school that you have nominated
- Ignore the bully or say 'no' really firmly, then turn and walk away
- Try not to show you're upset or angry
- Stay with your friends during playtime
- Call Childline on 0800 1111

When we find out that someone has been bullied, the staff talk to the child who has been bullied, the bully and any witnesses. They will also complete an Investigation of Alleged Bullying Form. They also talk to other staff and the parents. We listen to everyone and try to sort the problem out.

If bullying carries on, that child may be suspended or excluded from school.

We want everyone to be happy.  
You can only be happy if you feel safe.



June 2024

Copy to: Co-Head/Deputy/KS1 Ldr/ SENCo/class teacher/office for filing Original + 5 copies

**Name of child allegedly being bullied:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**This matter was brought to my attention by:** \_\_\_\_\_

**Details of alleged bullying** (please be as comprehensive as possible, continue overleaf)

**Details of action to be taken** (include who has been informed e.g. Head/Deputy/Parents of children involved)

**Date and outcome of review : Has the problem being resolved?** (The review must occur within 10 days of the first report of bullying. Also telephone or meet with the parent of the alleged victim for a progress report within 10 days of the incident first being reported.)

**Date parent contact with progress report:** \_\_\_\_\_

**Please store this CONFIDENTIAL sheet in your class file and pass a copy to the members of staff identified above – original + 5 copies.**

**Name of member of staff undertaking interview:** \_\_\_\_\_