

# WOODRIDGE PRIMARY SCHOOL

## AUTUMN/WINTER 2025



### WEEK 1

01/09, 22/09,  
13/10, 10/11,  
01/12, 05/01,  
26/01

#### OPTION 1

#### MONDAY

Cheese and Tomato  
Pizza with Potato  
Wedges

#### TUESDAY

Chicken Teriyaki with Rice

#### WEDNESDAY

Chicken Katsu Noodles

#### THURSDAY

Beef Bolognese with  
Spaghetti

#### FRIDAY

Salmon Fish Fingers or  
Fish Fingers, Chips and  
Ketchup

#### OPTION 2

Plain Omelette with  
Potato Wedges

Vegetarian Bolognese  
with Spaghetti (Ve)

Katsu Vegetable  
Noodles

Mixed Bean Chilli Con  
Carne with Rice (Ve)

Quorn Sausage Hot Dog,  
Chips and Ketchup (Ve)

#### OPTION 3

Jacket Potato with  
Choice of Filling

Jacket Potato with Choice  
of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

#### VEGETABLES

Carrots  
Cauliflower

Broccoli  
Green beans

Carrots  
Cabbage

Green Beans  
Sweetcorn

Peas  
Baked Beans

#### DESSERT

### WEEK 2

08/09, 29/09,  
20/10, 17/11,  
08/12, 12/01,  
02/02

#### OPTION 1

#### MONDAY

Cheese & Tomato Pizza  
with Potato Wedges

#### TUESDAY

Chicken Curry and Rice

#### WEDNESDAY

Chicken Sausage with  
Mashed Potatoes and  
Gravy

#### THURSDAY

Beef Pasta Bake topped  
with Cheese

#### FRIDAY

Fish Fingers and Chips

#### OPTION 2

Broccoli Quiche with  
Potato Wedges

Vegetable and Chickpea  
Paella (Ve)

Vegan Quorn Sausage  
with Mashed Potatoes  
and Gravy (Ve)

Macaroni Cheese

Quorn Nuggets and  
Chips

#### OPTION 3

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

#### VEGETABLES

Broccoli  
Carrots

Sweetcorn  
Green Beans

Cauliflower  
Carrots

Cabbage  
Green Beans

Peas  
Baked Beans

#### DESSERT

### WEEK 3

15/09, 06/10,  
03/11, 24/11,  
15/12, 19/01,  
09/02

#### OPTION 1

#### MONDAY

Cheese and Tomato  
Pizza with Potato  
Wedges

#### TUESDAY

Sticky Chicken with Rice

#### WEDNESDAY

Meatballs and Spaghetti

#### THURSDAY

Chicken and Sweetcorn  
Pasta Bake

#### FRIDAY

Breaded Fish and Chips

#### OPTION 2

Vegan Sausage Roll with  
Potato Wedges (Ve)

Baked Bean Lasagne

Vegan Meat(less) Balls in  
Tomato sauce and  
Spaghetti (Ve)

Mexican Rice Wrap (Ve)

Quorn Nuggets and  
Chips (Ve)

#### OPTION 3

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

Jacket Potato with  
Choice of Fillings

#### VEGETABLES

Carrots  
Cauliflower

Sweetcorn  
Green Beans

Cabbage  
Carrots

Broccoli  
Carrots

Peas  
Baked Beans

#### DESSERT

Banana Marble Cake  
(Ve)

Fruity Cookie (Ve)

Fruit Salad (Ve)

Orange Jelly with  
Mandarins (Ve)

Chocolate Cornflake  
Cake